

Almost 134,000 Manitoba adults (14%) have Chronic Kidney Disease



Who is at risk?

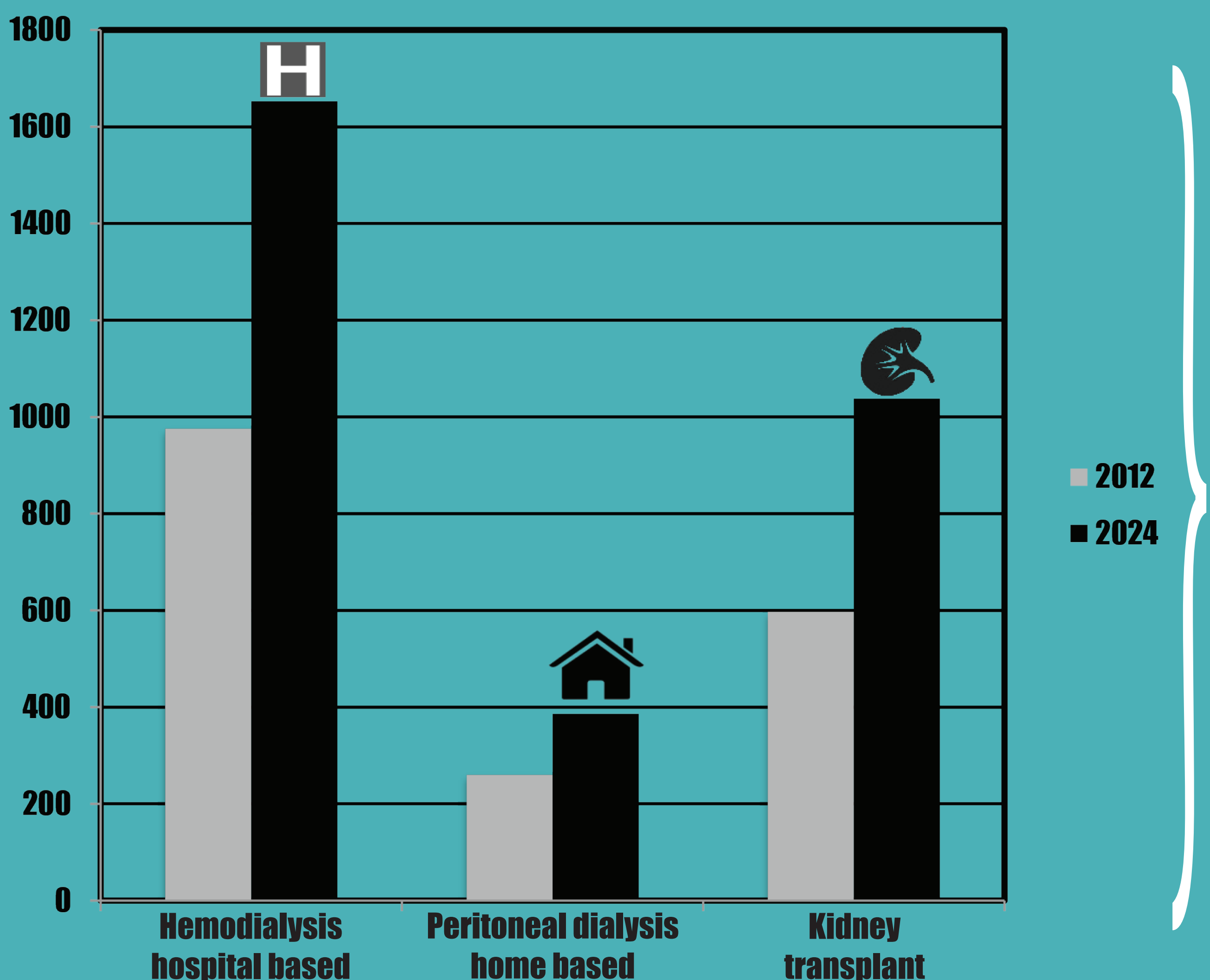
- Diabetes
- High blood pressure
- Older than 64 years
- Live in poverty
- Live in remote northern communities

What can be done?

- Health checks
- Medication to slow the progression
- Balanced diet
- Exercise

- Chronic kidney disease is a condition where the kidneys lose the ability to do their vital job: clean the blood by filtering waste and excess fluid.
- Dialysis removes waste and excess water from the blood. This can be done by a machine (hemodialysis) or through blood vessels in the patient's abdomen (peritoneal dialysis).

Today, over 1,800 Manitobans need treatment for kidney failure. By 2024, more than 3,000 people will need dialysis or transplants.



NUMBER OF MANITOBBANS WITH KIDNEY FAILURE: PRESENT & FUTURE

To learn more read the full report here: umanitoba.ca/medicine/units/mchp/ckd.html

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