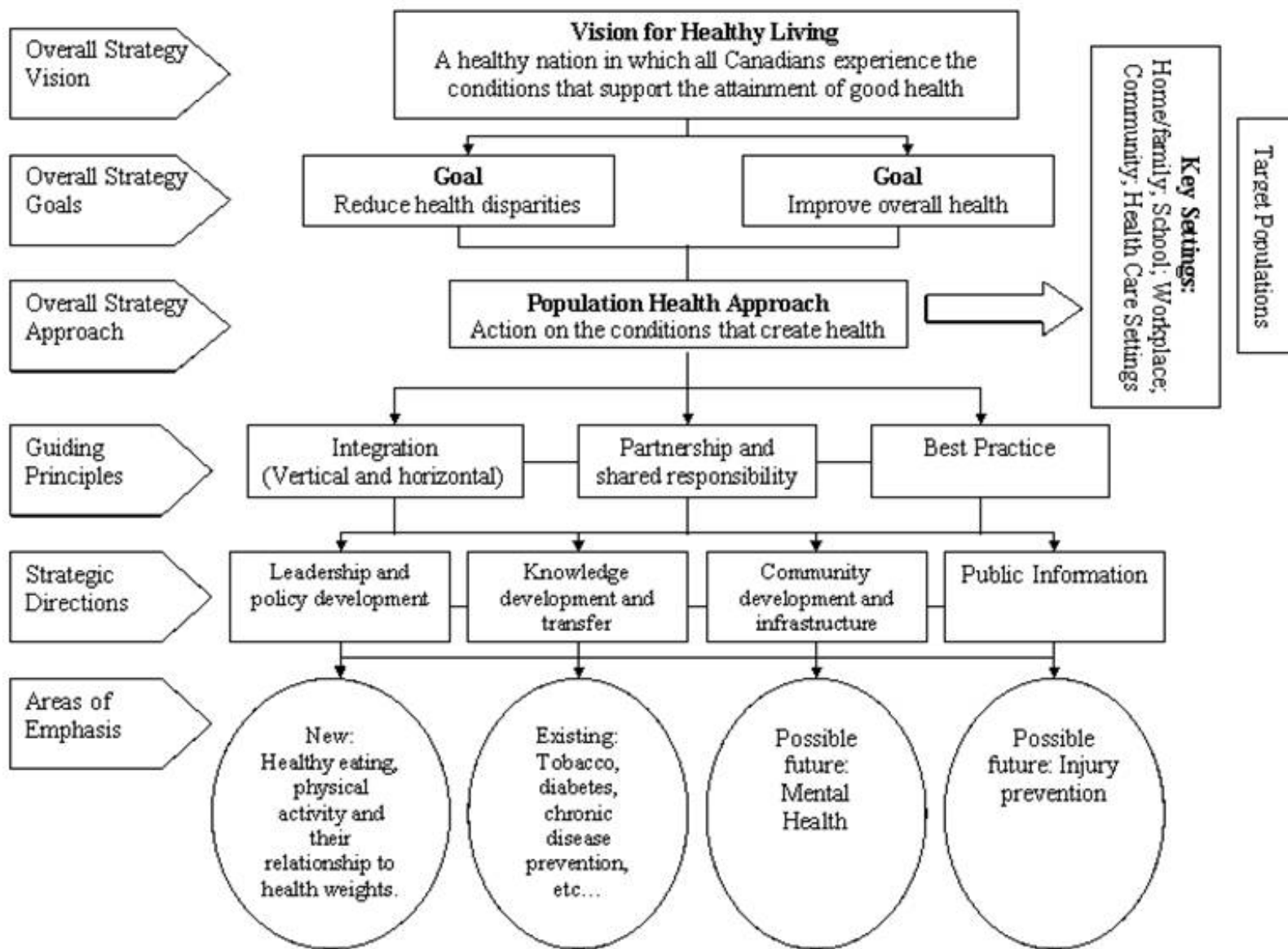# Pan-Canadian Healthy Living Strategy Framework

In September 2002, the Federal/Provincial/Territorial (F/P/T) Ministers of Health announced that they agreed to work together on an Integrated Pan-Canadian Healthy Living Strategy. The Healthy Living Strategy is an initiative aimed at reducing non-communicable diseases by addressing their common risk factors and the underlying conditions in society that contribute to them. "This study provides a strategic foundation for expanding and enhancing existing policies and programs, building new linkages and moving forward in a strategic way to advance healthy living goals and objectives." (Minister of Health, 2005) The goals of the strategy were to improve overall health outcomes and reduce health disparities.

Overall Strategy Vision

Vision for Healthy Living
A healthy nation in which all Canadians experience the conditions that support the attainment of good health

Overall Strategy Goals

Goal
Reduce health disparities

Goal
Improve overall health

Overall Strategy Approach

Population Health Approach
Action on the conditions that create health

Key Settings:
Home/family; School; Workplace; Community; Health Care Settings

Target Populations

Guiding Principles

Integration (Vertical and horizontal)

Partnership and shared responsibility

Best Practice

Strategic Directions

Leadership and policy development

Knowledge development and transfer

Community development and infrastructure

Public Information

Areas of Emphasis

New: Healthy eating, physical activity and their relationship to health weights.

Existing: Tobacco, diabetes, chronic disease prevention, etc...

Possible future: Mental Health

Possible future: Injury prevention

References:

Defining Articles:

- The Canadian Minister of Health. "The Integrated Pan-Canadian Healthy Living Strategy Framework." (2005) [Full Report]

MCHP Studies Using Framework:

- Lix L, Finlayson G, Yogendran M, Bond R, Bodnarchuk J & Soodeen R. "Primary Prevention: An Examination of Data Capabilities in Manitoba." January, 2005. [Full Report] [Report Summary]

MCHP Resource Links:

MCHP Glossary terms:

- All injuries
- Antidepressants
- Anxiety states
- Asthma
- Body Mass Index
- Chronic disease
- Chronic disease indicators
- Depression
- Diabetes
- Diabetes treatment prevalence
- External injuries
- Hypertension
- Ischemic health disease
- Mental health condition
- Mental health disorder
- Mental health management information system
- Mental health services data
- Obesity and risk for obesity
- Participation in leisure physical activity
- Personality disorders
- Physical activity index
- Schizophrenia
- Seizure disorders

MCHP Concepts:

- Chronic Disease Hospitalizations
- Depression
- Diabetes
- Hypertension Prevalence
- Injuries
- Mental Health Disorder Classification